

ROZAN CHRISTIAN, Ph.D., LPC

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Life Transition Therapist

Bring a unique perspective gained from 20+ years of experience working in the corporate world combined with 10+ years of experience as a mental health professional to assist clients dealing with various types of change in their lives, including grief/loss, relationship issues, health problems, and career concerns.

- **Individual/group counseling:** Apply extensive training (doctoral and post-doctoral levels) specific to the area of life transitions to guide clients through the various changes in their lives.
- **Professional presence:** Conducted formal research related to the effects of life-changing events; published findings; presented results at the local and national level.
- **Recognized expert:** Asked by the editor of a professional textbook to write a chapter in the book about the effects of a significant life transition; serve as an adjunct professor responsible for teaching University of North Texas (UNT) master-level students seeking degrees in counseling.
- **Hands-on management experience:** Led multiple high-profile change-management projects for Fortune 100 companies.

PROFESSIONAL EXPERIENCE

Mental Health and Career Counseling

- **Individual counseling:** Apply knowledge related to pattern analysis to identify themes in clients' lives that help or hinder their growth; assist each client to make effective changes.
- **Group counseling/psychoeducation:** Lead women's groups that focus on universal truths; provide a forum that supports their personal exploration and ability to make positive transitions.
- **Career coaching:** Has assisted hundreds of federal employees seeking career change and growth; services include job search and career planning assistance and career assessment interpretation.

Presenting (Local, State, and National Level)

- **Grief-support presentations:** Speak to groups of individuals seeking emotional support following the death of a spouse or child; provide a safe place for them to discuss their thoughts and feeling.
- **Work/life balance:** Make multiple presentations to various organizations about work-life balance and career planning issues; developed and delivered presentation to mental health professionals attending the Texas Counseling Association annual conference about this complex issue.
- **Life/changing events:** Deliver presentations to local groups about the effects of specific life-changing experiences; presented at national conferences attended by more than 100 individuals.
- **Women's issues:** Requested by women's group leaders to deliver information about the psychology of women; tailors each presentation to address issues relevant to each group; consistently receives positive feedback from each group.

Teaching and Training

- **Career development workshops:** Use a practical approach gained from years of experience working in the corporate world with experience as a mental health professional to teach federal employees about career growth/transitions; receive positive feedback from participants and management about the effectiveness of the training provided.
- **Master-level courses:** As a UNT adjunct professor, has taught career development courses to more than 100 students completing a masters in counseling; taught basic counseling skills classes to master-level students.
- **Doctoral student supervision:** Supervised first-year doctoral students who were counseling clients, providing them feedback about their counseling skills.

Research and Publishing

- **Dissertation:** Completed and successfully defended dissertation about the effects of life-changing events on a marriage; conducted original research in this area of study.
- **Publications:** Published dissertation; collaborated with other experts to write a chapter published in a textbook about the effects of a specific life-changing event.
- **Career development resource center:** Compiled tools used by UNT master-level and doctoral-level students when counseling their clients; selected material that supported their work with clients who were in the midst of career transitions in their lives.

Business Management/Consulting

- **Company-wide transition:** Designed the curriculum that addressed the total quality management education and training needs of more than 70,000 employees; worked with senior management to develop the roll-out of the training throughout the corporation.
- **Fortune 100 client process improvement:** Led team responsible for identifying training needs and curriculum to prepare autoworkers to work successfully in the modernized plant environment; addressed corporate cultural issues; defined needs with plant manager and key personnel; ensured the execution of a smooth transition from the old to new way of performing work.
- **Team member coaching:** Guided individuals in establishing career goals, clarifying strengths and weaknesses, and developing a plan to achieve goals; provided coaching on an as-needed basis.

EDUCATION

Ph.D., Counseling, University of North Texas, Denton, Texas, 2005
M.Ed., Counseling, University of North Texas, Denton, Texas, 2000
M.A., Education, Southern Methodist University, Dallas, Texas, 1981
B.A., Education, West Texas State University, Canyon, Texas, 1976

JOB-RELATED TRAINING

Transformational Supervision, Dallas, Texas, 2011
Two-Year Program, Archetypal Pattern Analysis, Brattleboro, VT, 2007-2009

CERTIFICATIONS

Licensed Professional Counselor, State of Texas, current

PROFESSIONAL ASSOCIATIONS

American Counseling Association
National Career Development Association

WORK HISTORY

2000–Present; Life Transition Therapist, Dallas, Texas
1998–2003; Business Consulting, Dallas, Texas
1997–1998; Alltel Enterprise Network Services, Dallas, Texas
1995–1997; Business Consulting, Dallas, Texas
1993–1995; DPC&A, Dallas, Texas
1981–1993; EDS, Dallas, Texas
1977–1981; Garland, Texas, Independent School District